



Schedule is subject to change. Registration opens June 15, 2024



Recreational Cheerleading Programs

1 class per week • No competitions • Will have 1 performance at the end of session • T-shirt included

Session 1: September 3 to December 20 (*Performance* on Saturday November 30)

Session 2: January 5 to May 16 (*Performance* on Saturday May 10)

Attendance at the performance is not mandatory, however, please inform coaches at the start of the session if your athlete will not be in attendance

	Sunday	Tuesday	Wednesday	Thursday	Friday
Ice Crystals <i>Ages 3-4</i> Session 1: \$461.33 Session 2 : \$453.00			3:30-4:30pm		3:30-4:30pm
Icicles <i>Born in 2017-2019</i> Session 1: \$461.33 Session 2: \$453.00	3:30-4:30pm	3:30-4:30pm	Session costs for Recreational Cheerleading Programs can be split into 2 payments.		4:30-5:30pm
Wind Chill <i>Born in 2010-2016</i> Session 1: \$461.13 Session 2: \$544.96				5:00-6:15pm	
Glaciers <i>Born 2006 and before</i> *Full Season (September to May) Program* \$869.69/\$96.63 per month			8:00-9:30pm		

Recreational Cheerleading Policies:

- Annual (Sept to Aug) registration fee of \$54 per athlete is required and is **non-refundable**. Cost includes annual Cheer Canada membership, BCSC membership and insurance fee.
- Registration for Session 2 will open November 1, 2024 at 9:00am.
- Refunds of session programs will only be considered within 2 weeks of start date. The registration fee is non-refundable. Written notice of withdraw must be received – can be emailed to freezeathletics@gmail.com or handed in to front desk.
- When withdrawing, session fee will be pro-rated and the balance will be refunded the following way:
 - 100% if refunding to account, 90% if refunding to cheque.

Novice Programs

1 practice per week • 2 competitions • 2 showcases • Uniform rental included • 9 month program

Program runs September 3 to May 16 with registration open until October 1, 2024

	Sunday	Tuesday	Wednesday	Thursday
Northern Lights <i>Born in 2016 - 2018</i> \$1462.88/\$162.54 per month	2:45-4:15pm			
Snow Angels <i>Born in 2016 - 2018</i> \$1595.08/\$177.23 per month	Mandatory choreography clinic for Novice Teams on November 8-11. See info package for details.			4:15-5:45pm
North Winds <i>Born in 2012 - 2015</i> \$1628.12/\$180.90 per month		4:15-5:45pm		

Novice Team Policies:

- Annual (Sept to Aug) registration fee of \$134 per athlete is required and is **non-refundable**. Cost includes annual Cheer Canada membership, BCSC membership, T-shirt, hair piece, and music. *One month notice must be given for all withdrawals from **Novice cheerleading (no withdrawal from Novice cheerleading programs after November 1, 2024)*** Written notice of withdraw must be received – can be emailed to freezeathletics@gmail.com or handed in to front desk.
- When withdrawing, session fee will be pro-rated and the balance will be refunded the following way:
 - 100% if refunding to account, 90% if refunding to cheque.
- See info package for expectations and payment policies



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Prep and All-Star Programs (Team Placement required)

2 practices per week • 3 competitions • 2 showcases • Uniform purchase • 9 month program
 Program runs September 3 to May 16 with registration open until October 1, 2024

	Sunday	Monday	Tuesday	Wednesday	Thursday
Snowstorm <i>U12 Prep Level 1</i> \$2426/\$269.56 per month	4:45-6:15pm		5:15-6:45pm	Snowstorm and Whiteout will have mandatory choreography on November 8-11. Please see info package for details.	
Whiteout <i>Born 2009 and before</i> \$2426/\$269.56 per month	7:30-9:00pm		8:00-9:30pm		

Prep and All-Star Cheerleading Policies:

- Annual (Sept to Aug) registration fee of \$164 per athlete is required and is **non-refundable**. Cost includes annual Cheer Canada membership, BCSC membership, hair piece, t-shirt, and music. *One month notice must be given for all withdrawals from Prep and All-Star cheerleading (no withdrawal from Prep and All-Star cheerleading programs after November 1, 2024)* Written notice of withdraw must be received – can be emailed to freezeathletics@gmail.com or handed in to front desk.
- When withdrawing, session fee will be pro-rated and the balance will be refunded the following way:
 - 100% if refunding to account, 90% if refunding to cheque.
- See info package for expectations and payment policies

Elite Team Programs (Team Placement required)

2-3 practices per week • 5 competitions • 2 showcases • Elite uniform • 9 month program
 Program runs September 3 to May 16

	Sunday	Monday	Tuesday	Wednesday	Thursday
Cold Snap <i>U16 Level 1</i> \$3501.44/\$389.05 per month		6:15-8:30pm		6:00-8:15pm	
Blizzard <i>U12 Level 2</i> \$3501.44/\$389.05 per month	5:30-7:45pm		5:45-8:00pm		
Shiver <i>U16 Level 3</i> \$3462.65/\$384.74 per month		5:00-7:15pm	Mandatory stunt and choreography clinics in September for Elite teams. See info package for details.		5:00-7:15pm
Arctic Chill <i>Open Small Coed Level 6</i> WORLDS TRAVEL TEAM \$4123.49/\$458.17 per month		7:15-9:30pm		6:00-7:15pm	7:15-9:30pm

Elite Cheerleading Policies:

- Annual (Sept to Aug) registration fee of \$239 per athlete is required and is **non-refundable**. Cost includes annual Cheer Canada membership, BCSC membership, hair accessories, practice gear, and music.
- *One month notice must be given for all withdrawals from elite cheerleading (no withdrawal from elite cheerleading programs after October 1, 2024)* Written notice of withdraw must be received – can be emailed to freezeathletics@gmail.com or handed in to front desk.
- When withdrawing, session fee will be pro-rated and the balance will be refunded the following way:
 - 100% if refunding to account, 90% if refunding to cheque.
- See info package for uniform requirements, expectations, and payment policies.



Freeze Athletics is closed on the following dates. There are no regular team practices on stunt clinic/choreo weekend.

September 30	October 13-14	October 31	November 11	December 21-January 4
January 26	February 16-17	March 15-22	Apr 5-6	April 18-20
			April 18-20	May 18-19