

Recreational Cheerleading Programs

1 class per week • No competitions • Will have 1 performance at the end of session • Tank included

Session 1: September 2 to December 19 (*Performance* on Saturday November 29)

Session 2: January 4 to May 1 (*Performance* on Saturday April 18)

Attendance at the performance is not mandatory, however, please inform coaches at the start of the session if your athlete will not be in attendance

	Sunday	Monday	Wednesday	Thursday	Friday
Ice Crystals Ages 3-4 Session 1 : \$414.64 Session 2 : \$414.64	Session costs for Recreational Cheerleading Programs can be split into 2 payments.		3:30-4:30pm		3:30-4:30pm 4:45-5:45pm
Icicles Born in 2018-2020 Session 1 : \$414.64 Session 2 : \$414.64	3:45-4:45pm	3:45-4:45pm		4:45-5:45pm	4:30-5:30pm
Wind Chill Born in 2011-2017 Session 1 : \$498.02 Session 2 : \$498.02			6:15-7:30pm	3:45-5:00pm	

Recreational Cheerleading Policies:

- Annual (Sept to Aug) registration fee of \$57 per athlete is required and is **non-refundable**. Cost includes annual Cheer Canada membership, BCSC membership and insurance fee.
- Registration for Session 2 will open November 3, 2025 at 9:00am.
- Refunds of session programs will only be considered within 2 weeks of start date. The registration fee is non-refundable. Written notice of withdraw must be received – can be emailed to freezeathletics@gmail.com or handed in to front desk.
- When withdrawing, session fee will be pro-rated and the balance will be refunded the following way:
 - 100% if refunding to account, 90% if refunding to cheque.

Novice Programs

1 practice per week • 2 competitions • 2 showcases • Uniform rental included • 8 month program
Program runs September 2 to May 1 with registration open until October 1, 2025

	Sunday	Tuesday	Wednesday	Thursday
Northern Lights Born in 2017 – 2019 \$1308.74/\$163.59 per month	4:00-5:30pm			Mandatory choreography clinic for Novice Teams on October 25
Snow Angels Born in 2017 – 2019 \$1578.44/\$197.30 per month			4:15-5:45pm	
North Winds Born in 2013 – 2016 \$1511.02/\$188.88 per month		5:00-6:30pm		
Glaciers Born 2007 and before \$1150.79/\$143.85 per month	*Will only attend 1 competition. See info package*		8:15-9:45pm	

Novice Team Policies:

- Annual (Sept to Aug) registration fee of \$137 per athlete is required and is **non-refundable**. Cost includes annual Cheer Canada membership, BCSC membership, T-shirt, hair piece, and music. *One month notice must be given for all withdrawals from **Novice cheerleading (no withdrawal from Novice cheerleading programs after October 15, 2025)*** Written notice of withdraw must be received – can be emailed to freezeathletics@gmail.com or handed in to front desk.
- When withdrawing, session fee will be pro-rated and the balance will be refunded the following way:
 - 100% if refunding to account, 90% if refunding to cheque.
- See info package for expectations and payment policies

Register by July 1st to
receive 10% off Novice,
Prep, All-Star and Elite
Team tuition!



Schedule is subject to change. Registration opens June 15, 2025

Prep and All-Star Programs (Team Placement required)

2 practices per week • 4 competitions • 2 showcases • Uniform purchase • 8 month program
Program runs September 2 to May 11 with registration open until October 1, 2025



	Sunday	Monday	Tuesday	Wednesday	Thursday
Snowstorm U12 Prep Level 1 \$2410.63/\$301.33 per month	4:45-6:15pm			4:45-6:15pm	Snowstorm and Whiteout will have mandatory choreography on October 18.
Whiteout Born 2010 and before \$2463.83/\$307.98 per month	7:45-9:15pm		8:15-9:45pm		

Prep and All-Star Cheerleading Policies:

- Annual (Sept to Aug) registration fee of \$167 per athlete is required and is **non-refundable**. Cost includes annual Cheer Canada membership, BCSC membership, hair piece, t-shirt, and music. *One month notice must be given for all withdrawals from **Prep and All-Star cheerleading** (no withdrawal from Prep and All-Star cheerleading programs after October 15, 2025)* Written notice of withdraw must be received – can be emailed to freezeathletics@gmail.com or handed in to front desk.
- When withdrawing, session fee will be pro-rated and the balance will be refunded the following way:
 - 100% if refunding to account, 90% if refunding to cheque.
- See info package for expectations and payment policies

Elite Team Programs (Team Placement required)

2-3 practices per week • 5 competitions • 2 showcases • Elite uniform • 11 month program
Schedule below runs September 2 to May 1

	Sunday	Monday	Tuesday	Wednesday	Thursday
Cold Snap U12 Level 1 \$3347.42/\$418.43 per month	5:30-7:45pm				5:45-8:00pm
Blizzard U16 Level 2 \$3545.24/\$443.15 per month		4:45-7:00pm		6:00-8:15pm	
Shiver U16 Level 3 \$3545.24/\$443.15 per month		5:00-7:15pm		Mandatory stunt and choreography clinics in September for Elite teams. See info package for details.	4:00-6:15pm
Frozen Reign U18 Level 2 Crossover Only Travel Team			4:45-7:00pm		
Arctic Chill Open Small Coed Level 5 WORLDS TRAVEL TEAM \$4030.71/\$503.84 per month	6:30-7:45pm	7:15-9:30pm			7:15-9:30pm

Elite Cheerleading Policies:

- Annual (Sept to Aug) registration fee of \$242 per athlete is required and is **non-refundable**. Cost includes annual Cheer Canada membership, BCSC membership, hair accessories, practice gear, and music.
- *One month notice must be given for all withdrawals from **elite cheerleading** (no withdrawal from elite cheerleading programs after September 12, 2025)* Written notice of withdraw must be received – can be emailed to freezeathletics@gmail.com or handed in to front desk.
- When withdrawing, session fee will be pro-rated and the balance will be refunded the following way:
 - 100% if refunding to account, 90% if refunding to cheque.
- See info package for uniform requirements, expectations, and payment policies.

Register by July 1st to receive 10% off Novice, Prep, All-Star and Elite Team tuition!

Freeze Athletics is closed on the following dates:

September 30 October 12-13 October 31 November 11 December 21-January 3 January 16-18
February 1 February 15-16 Feb 27-Mar 1 March 15-21 Apr 3-5 April 12