

## Summer 2025 Program Schedule



Evening programs will be running at Freeze Athletics for the following weeks:

<i>Week 1: June 2 – 5</i>	<i>Week 2: Jun 9 – 12</i>	<i>Week 3: June 16 – 19</i>
<i>Week 4: June 23 – 26</i>	<i>Week 5: July 7 – 10</i>	<i>Week 6: July 14 – 17</i>
<i>Week 7: July 21 – 24</i>	<i>Week 8: July 28 – 31</i>	<i>Week 9: August 11 – 14</i>
<i>Week 10: August 18 - 21</i>		



### Summer 2025 Cheerleading Programs

	Monday	Tuesday	Wednesday	Thursday
<b>Summer Cheer</b> <i>Ages 5 – 8</i> \$34.00/class or \$279.42/summer	5:15 – 6:30pm	4:00 – 5:15pm		
<b>Summer Cheer</b> <i>Ages 9 – 12</i> \$34.00/class or \$279.42/summer			5:45 – 7:00pm	
<b>Novice/Prep* Athlete Cheer</b> <i>Ages 6-12</i> \$39.00/class or \$330.51/summer			3:30-5:00pm	5:00 – 6:30pm
<b>Team A (Elite)</b> <i>*Team Placements Required*</i> \$49.00/class or \$424.70/summer	4:30 – 6:30pm			
<b>Team B (Elite)</b> <i>*Team Placements Required*</i> \$49.00/class or \$424.70/summer		5:30 – 7:30pm		
<b>Team C (Elite)</b> <i>*Team Placements Required*</i> \$49.00/class or \$424.70/summer			5:00 – 7:00pm	
<b>Team D (Elite)</b> <i>*Team Placements Required*</i> \$49.00/class or \$424.70/summer				5:30 – 7:30pm
<b>Team E (Elite)</b> <i>*Team Placements Required*</i> \$49.00/class or \$424.70/summer				7:30 - 9:30pm

**Prices include GST**

- Teams marked with an \* require an invitation to participate in those programs. These programs will open for registration on May 28, 2025. Team placements will occur from May 20<sup>th</sup> to 22<sup>nd</sup>.
- Elite athletes are required to attend team practices at least 6 of 10 weeks over the summer plus a mandatory stunt clinic on June 13-15.
- Arctic Chill team members must attend 2 days per week, 1 tumbling and 1 team practice. AC also has a stunt/choreography clinic the evening of July 17<sup>th</sup> and morning of July 18<sup>th</sup> scheduled which is mandatory.
- All elite teams athletes will have a summer clinic fee in addition to program fees listed above.
  - Levels 1-2 fee: \$175
  - Level 3 fee: \$240
  - Worlds fee: \$375
- All competitive athletes wishing to participate in the 2025/26 season are expected to train with their appropriate team in the summer as much as possible.
- A registration/membership fee of \$20 is due for any athletes new to the program for the summer.

#### Refund Policy

- See other side. By registering you are agreeing to the refund policy

**Register online starting April 15 at [www.freezeathletics.com](http://www.freezeathletics.com)**



## Summer 2025 Tumbling Programs



Evening programs will be running at Freeze Athletics for the following weeks:

Week 1: June 2 – 5

Week 2: Jun 9 – 12

Week 3: June 16 – 19

Week 4: June 23 – 26

Week 5: July 7 – 10

Week 6: July 14 – 17

Week 7: July 21 – 24

Week 8: July 28 – 31

Week 9: August 11 – 14

Week 10: August 18 - 21

	Monday	Tuesday	Wednesday	Thursday
<b>Tiny Tumblers</b> Ages 3 – 4 \$21.00/class or \$177.24/summer			4:15 – 5:00pm	
<b>Mini Tumblers</b> Ages 4 – 5 \$21.00/class or \$177.24/summer	3:45 – 4:30pm		5:00 – 5:45pm	
<b>Tumble 1</b> Ages 6+ (must be going into grade 1) \$28.00/class or \$228.33/summer		5:15 – 6:15pm	4:00 – 5:00pm	
<b>Tumble 2</b> Ages 6+ (must be going into grade 1) \$28.00/class or \$228.33/summer	6:30 – 7:30pm			4:00 – 5:00pm
<b>Tumble 3</b> Ages 7+ \$28.00/class or \$228.33/summer	4:00 – 5:00pm			6:30 – 7:30pm
<b>Tumble 4</b> Ages 7+ \$28.00/class or \$228.33/summer	6:45 – 7:45pm	6:15 – 7:15pm	7:00 – 8:00pm	
<b>Tumble 5</b> Ages 8+ \$34.00/class or \$279.42/summer			7:00 – 8:15pm	4:00 – 5:15pm
<b>Tumble 6/7</b> Ages 8+ \$34.00/class or \$279.42/summer		4:00 – 5:15pm		
<b>AC Tumble</b> Athletes placed on AC only \$34.00/class or \$279.42/summer		7:30-8:45pm		
<b>Open Gym</b> Ages 7+ \$7.00 for members / \$15.00 for non-members	7:45 – 9:00pm			

Prices include GST

### Leveled Tumble Classes (Ages 6+)

- See website for a description and pre-requisite skills for each level

### Open Gym

- Unstructured, supervised open gym

### Summer Refund Policy:

- At least 7 days written notice must be given for withdrawal or change of days from individual days of summer training that have been registered for – last minute changes will not be refunded.
- Full summer sessions can only be cancelled within the first two weeks of the program start. No cancellations of summer session programs after June 15, 2025.
- When withdrawing, fees will be pro-rated and the balance will be refunded the following way:
  - 100% if refunding to account, 90% if refunding to cheque/credit card.
- Refund due to medical reason must be accompanied by a doctor's note.