

## Summer 2026 Cheerleading Schedule



Evening programs will be running at Freeze Athletics for the following weeks:

*Week 1: May 25 – 28      Week 2: Jun 1 – 4      Week 3: June 8 – 11*  
*Week 4: June 15 – 19      Week 5: June 22 – 25      Week 6: July 6 – 9*  
*Week 7: July 13 – 16      Week 8: July 20 – 23      Week 9: July 27 – 30*  
*Week 10: August 10 – 13      Week 11: August 17 – 20      Week 12: August 24 – 27*

	Monday	Tuesday	Wednesday	Thursday
<b>Summer Cheer</b> <i>Ages 5 – 12</i> \$342.01/session		5:15-6:30pm		
<b>Novice Athlete Cheer</b> <i>Ages 6-12</i> \$404.55/session	4:00-5:30pm			
<b>Snowstorm</b> <i>*Team Placements Required*</i> \$404.55/session			4:00-5:30pm	
<b>Flurry</b> <i>*Team Placements Required*</i> \$404.55/session				5:45-7:17pm
<b>Whiteout</b> <i>*Team Placements Required*</i> \$342.01/session		8:00-9:15pm		
<b>Cold Snap</b> <i>*Team Placements Required*</i> \$679.83/session	5:30-7:30pm			
<b>Blizzard</b> <i>*Team Placements Required*</i> \$679.83/session				6:30-8:30pm
<b>Shiver</b> <i>*Team Placements Required*</i> \$679.83/session			5:30-7:30pm	
<b>Arctic Chill</b> <i>*Team Placements Required*</i> \$881.06/session	7:30-9:30pm	6:45-8:00pm		

### Prices include GST

- Teams marked with an \* require an invitation to participate in those programs. These programs will open for registration on May 20, 2026. Team placements will occur May 7<sup>th</sup>, 11<sup>th</sup> and 12<sup>th</sup>
- Elite athletes are required to attend team practices at least 8 of 12 weeks over the summer plus a mandatory stunt clinic on June 12-14
- All Elite athletes will have a summer clinic fee included in program fees listed above
- All competitive athletes wishing to participate in the 2026/27 season are expected to train with their appropriate team in the summer as much as possible
- A registration/membership fee of \$20 is due for any athletes new to the program for the summer
- A Summer Payment Plan will be available and split into three equal payments
  - 1<sup>st</sup> Payment: At time of registration, 2<sup>nd</sup> Payment: June 10<sup>th</sup>, 3<sup>rd</sup> Payment: July 10<sup>th</sup>

### Summer Refund Policy

- See other side. By registering you are agreeing to the refund policy.

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*Be a Part of our Passion*

www.freezeathletics.com  
freezeathletics@gmail.com  
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## Summer 2026 Tumbling Programs



Evening programs will be running at Freeze Athletics for the following weeks:

*Week 1: May 25 – 28      Week 2: Jun 1 – 4      Week 3: June 8 – 11*  
*Week 4: June 15 – 19      Week 5: June 22 – 25      Week 6: July 6 – 9*  
*Week 7: July 13 – 16      Week 8: July 20 – 23      Week 9: July 27 – 30*  
*Week 10: August 10 – 13      Week 11: August 17 – 20      Week 12: August 24 – 27*

	Monday	Tuesday	Wednesday	Thursday
<b>Tiny Tumblers</b> <i>Ages 3 – 4</i> \$216.95 / session	4:00-4:45pm			
<b>Mini Tumblers</b> <i>Ages 4 – 5</i> \$216.95 / session		3:45-4:30pm	4:00-4:45pm	5:00-5:45pm
<b>Tumble 1</b> <i>Ages 6+ (must be going into grade 1)</i> \$279.48 / session		4:15-5:15pm		
<b>Tumble 2</b> <i>Ages 6+ (must be going into grade 1)</i> \$279.48 / session		4:30-5:30pm	5:30-6:30pm	
<b>Tumble 3</b> <i>Ages 7+</i> \$279.48 / session			6:30-7:30pm	4:15-5:15pm
<b>Tumble 4</b> <i>Ages 7+</i> \$279.48 / session	4:45-5:45pm	6:30-7:30pm		
<b>Tumble 5</b> <i>Ages 8+</i> \$342.01 / session		5:30-6:45pm		5:15-6:30pm
<b>Tumble 6/7</b> <i>Ages 8+</i> \$342.01 / session		6:15-7:30pm		
<b>Teen Tumble</b> <i>Ages 10-16</i> \$279.48 / session				7:15-8:15pm
<b>Open Gym</b> <i>Ages 7+</i> \$7.00 for members / \$15.00 for non-members			7:30-8:45pm	

**Prices include GST**

### Summer Refund Policy:

- Refunds for summer evening programs are different than regular programs. Athletes registered in summer programs must give 14 days written notice of withdrawal. Written notice of withdraw must be received – can be emailed to [freezeathletics@gmail.com](mailto:freezeathletics@gmail.com) or handed in to front desk. **No withdraws from summer programs after July 10, 2026.**
- When withdrawing, fees will be prorated and the balance will be refunded the following way:
  - 100% if refunding to account, 90% if refunding to cheque.
- Refund due to medical reason must be accompanied by a doctor's note.
- A registration/membership fee of \$20 is due for any athletes new to the program for the summer.

**Register online starting April 15 at [www.freezeathletics.com](http://www.freezeathletics.com)**