



Schedule is subject to change. Registration opens June 1, 2023



Recreational Cheerleading Programs

1 class per week • No competitions • Will have 1 performance at the end of session • T-shirt included

Session 1: September 5 to December 22 (*Performance* on Saturday December 2)

Session 2: January 8 to May 17 (*Performance* on Saturday May 4)

Attendance at the performance is not mandatory, however, please inform coaches at the start of the session if your athlete will not be in attendance

	Monday	Tuesday	Wednesday	Thursday	Friday
Ice Crystals Ages 3-4 Sess 1: \$367.93 / Sess 2: \$411.43	Session costs for Recreational Cheerleading Programs can be split into 2 payments.		3:30-4:30pm		3:30-4:30pm
Icicles Born in 2016-2018 Sess 1: \$367.93/ Sess 2: \$411.43		3:30-4:30pm		3:45-4:45pm	3:30-4:30pm
Wind Chill Born in 2009-2015 Sess 1: \$445.79/ Sess 2: \$499.01				4:45-6:00pm	

Recreational Cheerleading Policies:

- Annual (Sept to Aug) registration fee of \$49 per athlete is required and is **non-refundable**. Cost includes annual Cheer Canada membership, BCSC membership and insurance fee.
- Registration for Session 2 will open November 1, 2023 at 9:00am.
- Refunds of session programs will only be considered within 2 weeks of start date. The registration fee is non-refundable. Written notice of withdraw must be received – can be emailed to freezeathletics@gmail.com or handed in to front desk.
- When withdrawing, session fee will be pro-rated and the balance will be refunded the following way:
 - 100% if refunding to account, 90% if refunding to cheque.

Novice and Prep Team Program

1-2 practice per week • 2-3 competitions • 2 showcases • Uniform rental included • 9 month program

Program runs September 5 to May 17 with registration open until October 15, 2023

	Monday	Tuesday	Wednesday	Thursday
Snow Angels Born in 2015 - 2017 \$1499.38 / \$166.60 monthly	Mandatory choreography clinic for Novice and Prep teams on November 4th. See info package for details.		4:00-5:30pm	
Snowstorm Born in 2011 - 2014 \$2383.80 / \$264.86 monthly	6:15-7:45pm			5:45-7:15pm

Novice and Prep Team Policies:

- Annual (Sept to Aug) registration fee of \$134 per athlete is required and is **non-refundable**. Cost includes annual Cheer Canada membership, BCSC membership, T-shirt, hair piece, and music. *One month notice must be given for all withdrawals from **Novice and Prep cheerleading (no withdrawal from Novice or Prep cheerleading programs after November 15, 2023)*** Written notice of withdraw must be received – can be emailed to freezeathletics@gmail.com or handed in to front desk.
- When withdrawing, session fee will be pro-rated and the balance will be refunded the following way:
 - 100% if refunding to account, 90% if refunding to cheque.
- See info package for expectations and payment policies



Add-On Programs

Program runs September 5 to May 17

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Tumbling Programs Born 2017 and before \$878.18 / \$97.58 monthly	Various times and levels available. Please see tumbling schedule.					
Flyer Flex and Strength Born 2017 and before \$717.61 / \$79.74 monthly						4:30-5:30pm



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All-Star Programs

1-2 practices per week • 3 competitions • 1 showcase • Uniform TBA • 8 month program

Program runs September 5 to Apr 10 • Open Placement Practice Sept 6, Whiteout Callback Sept 7

	Sunday	Monday	Tuesday	Wednesday	Thursday
Whiteout (Division TBD) <i>*Invitation required*</i> Born 2007 and before \$1703.68 / \$212.96 monthly	Mandatory choreography clinic for Whiteout on - November 4th. See info package for details.				8:15-10:15pm

- Annual (Sept to Aug) registration fee of \$150 per athlete is required and is **non-refundable**. Cost includes annual Cheer Canada membership, BCSC membership, hair piece, t-shirt, and music.
- See below for All-Star Cheerleading Policies

Elite Team Programs (Team Placement required)

2-3 practices per week • 5 competitions • 2 showcases • Elite uniform • 9 month program

Program runs September 5 to May 17

	Sunday	Monday	Tuesday	Wednesday	Thursday
Cold Snap U16 Level 1 \$3329.81 / \$369.98 monthly	6:15-8:30pm		6:30-8:45pm		
Blizzard U12 Level 2 \$3366.75 / \$374.08 monthly	4:00-6:15pm			5:45-8:00pm	
Shiver U16 Level 3 \$3588.40 / \$398.71 monthly		4:30-6:45pm		Mandatory stunt and choreography clinics September 8-10 for Elite teams. See info package for details.	4:00-6:15pm
Arctic Chill Open Level 5 WORLDS TRAVEL TEAM \$3980.46 / \$442.27 monthly		6:45-9:00pm	5:15-6:30		6:15-8:30pm

- Annual (Sept to Aug) registration fee of \$239 per athlete is required and is **non-refundable**. Cost includes annual Cheer Canada membership, BCSC membership, hair accessories, practice gear, and music.

All-Star and Elite Cheerleading Policies:

- *One month notice must be given for all withdrawals from elite cheerleading (no withdrawal from elite cheerleading programs after November 1, 2023)* Written notice of withdraw must be received – can be emailed to freezeathletics@gmail.com or handed in to front desk.
- When withdrawing, session fee will be pro-rated and the balance will be refunded the following way:
 - 100% if refunding to account, 90% if refunding to cheque.
- See info package for uniform requirements, expectations, and payment policies.



Freeze Athletics is closed on the following dates. There are no regular team practices on stunt clinic/choreo weekend.

September 9-10

October 8-9

October 31

December 24-January 6

February 4

February 18-19

March 17-23

March 29-31

Apr 6-7

May 18-20