



Schedule is subject to change. Registration opens June 15, 2026

Recreational Cheerleading Programs

1 class per week • No competitions • Will have 1 performance at the end of session • Tank included

Session 1: September 8 to December 18 (*Performance* on Saturday November 28)

Session 2: January 3 to April 30 (*Performance* on Saturday April 24)

Attendance at the performance is not mandatory, however, please inform coaches at the start of the session if your athlete will not be in attendance

	Sunday	Monday	Tuesday	Thursday	Friday	Registration for Session 2 will open November 2, 2026 at 9:00am. Session costs for Recreational Cheerleading Programs can be split into 2 payments.
Ice Crystals Ages 3-4 Session 1 : \$429.28 Session 2 : \$454.90		4:30-5:30pm		3:15-4:15pm	3:30-4:30pm	
Icicles Born in 2019-2021 Session 1 : \$429.28 Session 2 : \$454.90	3:15-4:15pm	3:30-4:30pm	3:30-4:30pm	5:00-6:00pm	4:15-5:15pm	
Wind Chill Born in 2012-2018 Session 1 : \$515.27 Session 2 : \$546.62			4:15-5:30pm		3:30-4:45pm	

Recreational Cheerleading Policies:

- Annual (Sept to Aug) registration fee of \$57 per athlete is required and is **non-refundable**. Cost includes annual Cheer Canada membership, BCSC membership and insurance fee.
- Refunds of session programs will only be considered within 3 weeks of start date. The registration fee is non-refundable. Written notice of withdraw must be received – can be emailed to freezeathletics@gmail.com or handed in to front desk.
- When withdrawing, session fee will be pro-rated and the balance will be refunded the following way:
 - 100% if refunding to account, 90% if refunding to cheque.

Novice Programs

1 practice per week • 2 competitions • 2 showcases • Uniform rental included • 8 month program

Program runs September 8 to April 30 with registration open until October 1, 2026

	Sunday	Tuesday	Thursday	Thursday
Northern Lights Born in 2018 – 2020 \$1448.00/\$181.00 per month	4:15-5:45pm			Mandatory choreography clinic for Novice Teams on October 23-24 (see info package for dates)
Snow Angels Born in 2018 – 2020 \$1670.50/\$208.81 per month		4:30-6:00pm		
North Winds Born in 2014 – 2017 \$1670.50/\$208.81 per month		5:30-7:00pm		
Hail Born in 2014 – 2017 \$1670.50/\$208.81 per month			6:00-7:30pm	
Glaciers Born 2008 and before \$1214.83.65/\$151.85 per month		*Glaciers will only attend 1 competition*	8:15-9:45pm	

Novice Team Policies:

- Annual (Sept to Aug) registration fee of \$175 per athlete is required and is **non-refundable**. Cost includes annual Cheer Canada membership, BCSC membership, shirt, hair piece, and music. *One month notice must be given for all withdrawals from **Novice cheerleading (no withdrawal from Novice cheerleading programs after October 9, 2026)*** Written notice of withdraw must be received – can be emailed to freezeathletics@gmail.com or handed in to front desk.
- When withdrawing, session fee will be pro-rated and the balance will be refunded the following way:
 - 100% if refunding to account, 90% if refunding to cheque.





Schedule is subject to change. Registration opens June 15, 2026
Prep and All-Star Programs (Team Placement required)



2 practices per week • 4 competitions • 2 showcases • Uniform purchase • 8 month program
 Program runs September 8 to April 30 with registration open until September 8, 2026

	Sunday	Monday	Tuesday	Wednesday	Thursday
Snowstorm U12 Prep Level 1 \$2658.54/\$332.32 per month	4:45-6:15pm		6:00-7:30pm		Snowstorm and Whiteout will have mandatory choreography on October 17.
Flurry U12 Prep Level 1 \$2658.54/\$332.32 per month		5:30-7:00pm		4:30-6:00pm	
Whiteout Open Level 4.0 \$2616.00/\$327.00 per month	8:15-9:45pm		8:15-9:45pm	*Whiteout will only attend 3 competitions*	

Prep and All-Star Cheerleading Policies:

- Annual (Sept to Aug) registration fee of \$175 per athlete is required and is **non-refundable**. Cost includes annual Cheer Canada membership, BCSC membership, hair piece, shirt, and music. *One month notice must be given for all withdrawals from **Prep and All-Star cheerleading** (no withdrawal from **Prep and All-Star cheerleading programs** after October 9, 2026)* Written notice of withdraw must be received – can be emailed to freezeathletics@gmail.com or handed in to front desk.
- When withdrawing, session fee will be pro-rated and the balance will be refunded the following way:
 - 100% if refunding to account, 90% if refunding to cheque.
- See info package for expectations and payment policies

Elite Team Programs (Team Placement required)

2-3 practices per week • 5 competitions • 2 showcases • Elite uniform • 11 month program
 Schedule below runs September 8 to April 30

	Sunday	Monday	Tuesday	Wednesday	Thursday
Cold Snap U12 Level 1 \$3606.09/\$450.76 per month	5:45-8:00pm		Mandatory stunt and choreography clinics in September for Elite teams. See info package for details.	5:00-7:15pm	
Blizzard U16 Level 2 \$3606.09/\$450.76 per month	6:15-8:30pm			6:00-8:15pm	
Shiver U16 Level 3 \$3823.69/\$477.96 per month		5:30-7:45pm			6:15-8:30pm
Arctic Chill U18 Level 4 \$4035.83/\$504.48 per month		7:00-9:15pm			7:15-9:30pm

Elite Cheerleading Policies:

- Annual (Sept to Aug) registration fee of \$242 per athlete is required and is **non-refundable**. Cost includes annual Cheer Canada membership, BCSC membership, hair accessories, practice gear, and music.
- *One month notice must be given for all withdrawals from **elite cheerleading** (no withdrawal from **elite cheerleading programs** after September 11, 2026)* Written notice of withdraw must be received – can be emailed to freezeathletics@gmail.com or handed in to front desk.
- When withdrawing, session fee will be pro-rated and the balance will be refunded the following way:
 - 100% if refunding to account, 90% if refunding to cheque.
- See info package for uniform requirements, expectations, and payment policies.



Freeze Athletics is closed on the following dates:

September 30 October 11-12 October 31 November 11 December 19-January 2 January 15-17
 February 14-15 March 6-7 March 14-19 March 26-28 April 3-4