



July & August 2020 Schedule



Effective July 6 to July 31 and August 10 to August 28

No classes June 27 to July 5 or August 1 to August 9

In Person Classes

	Monday	Tuesday	Wednesday	Thursday
Pre-Tumble Ages 3-5 \$50.30 (one class per week)	5:30 – 6:00pm	Pre-tumble athletes must be able to wash hands and go to the washroom independently, as well as follow directions to maintain distance during class.		
Basic Tumble Ages 6+ \$100.60 (one class per week)	4:15 – 5:15pm			
Tumble Level 1 Ages 6+ \$100.60 (one class per week)	6:15 – 7:15pm (combined with Tumble 2)		4:15 – 5:15pm	
Tumble Level 2 Ages 7+ \$100.60 (one class per week)	6:15 – 7:15pm (combined with Tumble 1)		5:30 – 6:30pm	
Tumble Level 3 Ages 8+ \$100.60 (one class per week)	7:30 – 8:30pm			5:15-6:15pm
Tumble Level 4 Ages 8+ \$100.60 (one class per week)			7:30 – 8:30pm	
Tumble Level 5 Ages 9+ \$100.60 (one class per week)				7:30 – 8:30pm
Jumps Ages 6+ \$50.30 (one class per week)	5:30 – 6:00pm			
Conditioning Ages 7+ \$50.30 (one class per week)			6:45 – 7:15pm	
Flyer Flex Ages 7+ \$75.45 (one class per week)				6:30 – 7:15pm

All prices on this page are for the full 7 week session. Prices include GST

Athletes should register in the same tumbling class they were registered in this past season. Weren't in a tumbling class? Check out our website for Tumbling Class descriptions: <https://www.freezeathletics.com/tumbling>

July/August Refund Policy:

- At least 48 hours written notice must be given for withdrawal from July/August session training – once the session has started, there will be no refunds without a doctor's note.
- When withdrawing, fees will be pro-rated and the balance will be refunded the following way:
 - 100% if refunding to account, 90% if refunding to cheque.
- Refund due to medical reason must be accompanied by a doctor's note.
- Individual missed classes will not be refunded/made up.



Elite Team Practices



Effective August 10 to August 28, 2020

In Person Classes

	Monday	Tuesday	Wednesday	Thursday
Elite Level 1 Ages TBA \$43.11 includes GST		4:15 – 5:15pm		
Elite Level 2 Ages TBA \$43.11 includes GST		5:30 – 6:30pm		
Elite Level 3 Ages TBA \$43.11 includes GST		6:45 – 7:45pm		
Elite Level 4 Ages TBA \$43.11 includes GST		8:00 – 9:00pm		

Elite Team practices are happening in August only – athletes placed on Elite teams are expected to attend practices in August (please contact us if you have scheduling conflicts)

Prep and All-Star team practices will begin again in September

SUMMER SPECIAL

Register for 3 classes and receive 10% off your total order!

Register for 4 classes and receive 15% off your total order!

Example: Register for Tumble Level 1, Jumps and Conditioning and receive 10% off your total.

*Must register for all classes on the same receipt. Discount will not be applied to multiple transactions. Classes must be for the same participant. *

Register opens online on JUNE 15 at www.freezeathletics.com

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- When withdrawing, fees will be pro-rated and the balance will be refunded the following way:
 - 100% if refunding to account, 90% if refunding to cheque.
- Refund due to medical reason must be accompanied by a doctor's note.
- Individual missed classes will not be refunded/made up.