

Summer 2024 Program Schedule



Evening programs will be running at Freeze Athletics for the following weeks:

Week 1: June 3 – 6	Week 2: Jun 10 – 13	Week 3: June 17 – 20
Week 4: June 24 – 27	Week 5: July 8 – 11	Week 6: July 15 – 18
Week 7: July 22 – 25	Week 8: July 29 – Aug 1	Week 9: August 12 – 15
	Week 10: August 19 - 22	



Summer 2024 Cheerleading Programs

	Monday	Tuesday	Wednesday	Thursday
Summer Cheer Ages 5 – 8 \$34.00/class or \$279.42/summer	4:00-5:15pm	4:00 – 5:15pm		4:45-6:00pm
Summer Cheer Ages 9 – 12 \$34.00/class or \$279.42/summer		4:00 – 5:15pm		
Whiteout Ages 16+ \$39.00/class or \$330.51/summer			8:00 – 9:30pm	
Cold Snap (Elite) <i>*Team Placements Required*</i> \$49.00/class or \$424.70/summer			6:00 – 8:00pm	
Blizzard (Elite) <i>*Team Placements Required*</i> \$49.00/class or \$424.70/summer	4:00 – 6:00pm			
Shiver (Elite) <i>*Team Placements Required*</i> \$49.00/class or \$424.70/summer				5:15 - 7:15pm
Arctic Chill (Elite) <i>*Team Placements Required*</i> \$49.00/class or \$424.70/summer				7:30 - 9:30pm

Prices include GST

*Teams marked with an * require an invitation to participate in those programs.*

These programs will open for registration on May 28, 2024.

Team placements will occur from May 21st to 23rd.

Elite athletes are required to attend their team practices at least 6 of 10 weeks over the summer

Arctic Chill team members must attend 2 days per week, 1 tumbling and 1 team practice.

All competitive athletes wishing to participate in the 2024/25 season are expected to train with their appropriate team in the summer as much as possible.

Summer Refund Policy:

- At least 10 days written notice must be given for withdrawal or change of days from individual days of summer training that have been registered for – last minute changes will not be refunded. **Full summer sessions will not be refunded without a doctor's note after the start of the summer session.**
- When withdrawing, fees will be pro-rated and the balance will be refunded the following way:
 - 100% if refunding to account, 90% if refunding to cheque.
- Refund due to medical reason must be accompanied by a doctor's note.
- A registration/membership fee of \$20 is due for any athletes new to the program for the summer.



Summer 2024 Tumbling Programs



Evening programs will be running at Freeze Athletics for the following weeks:

- Week 1: June 3 – 6
- Week 2: Jun 10 – 13
- Week 3: June 17 – 20
- Week 4: June 24 – 27
- Week 5: July 8 – 11
- Week 6: July 15 – 18
- Week 7: July 22 – 25
- Week 8: July 29 – Aug 1
- Week 9: August 12 – 15
- Week 10: August 19 - 22

	Monday	Tuesday	Wednesday	Thursday
Tiny Tumblers Ages 3 – 4 \$21.00/class or \$177.24/summer			4:15 – 5:00pm	
Mini Tumblers Ages 4 – 5 \$21.00/class or \$177.24/summer		5:15 – 6:00pm	5:00 – 5:45pm	
Tumble 1 Ages 6+ (must be going into grade 1) \$28.00/class or \$228.33/summer			4:00 – 5:00pm 5:45 – 6:45pm	
Tumble 2 Ages 6+ \$28.00/class or \$228.33/summer		5:15 – 6:15pm		3:45 – 4:45pm
Tumble 3 Ages 7+ \$28.00/class or \$228.33/summer	5:15 – 6:15pm	6:00 – 7:00pm		
Tumble 4 Ages 7+ \$28.00/class or \$228.33/summer		6:15 – 7:15pm		7:15-8:15pm
Tumble 5 Ages 8+ \$34.00/class or \$279.42/summer				4:00 – 5:15pm
Tumble 6/7 Ages 8+ \$34.00/class or \$279.42/summer	6:15-7:30pm			
AC Tumble Athletes placed on AC only \$34.00/class or \$279.42/summer	7:30-8:45pm			
Open Gym Ages 6+ \$7.00 for members / \$15.00 for non-members		7:15 – 8:45pm		

Prices include GST

Leveled Tumble Classes (Ages 6+)

- See website for a description and pre-requisite skills for each level

Open Gym

- Unstructured, supervised open gym

Refund Policy

- See other side. By registering you are agreeing to the refund policy

Register online starting April 1 at www.freezeathletics.com